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and during the war quite a number took up the work and have carried it on in many cases."

In Holloway Prison classes on "Artisan Cooking" are being given through the kindness of Miss Margaret Fry, J.P., Hon. Secretary of the Howard League of Penal Reform. These classes meet once a week, and consist of women who have sentences of three months or over. An L.C.C. instructress conducts the classes, which are greatly appreciated. In most prisons the "Honour System" has been used with very satisfactory results, and another great reform is that boys and girls sentenced to Borstal detention are examined psychologically.

The Report of the Prison Commissioners, 1923–4, is a very arresting document. Reform, humane treatment and compassion is the tone throughout.

Great credit is due to the Discharged Prisoners' Aid Society, which contributes very largely to the reformation of the prisoners. In quite a friendly spirit Councillor Kent remarked she would like to say that she hoped yet to see separate remand homes *vers.ts* prison for unconvicted persons. She hoped that measures would be used to prevent people with unsound minds from going to prisons of any sort, and also that some provision should be made whereby innocent babies should not have to suffer from the stigma of being born in prison.

In conclusion, Councillor Kent said, "The work of visiting the prisoners, and nursing the sick prisoners, is humane, and work of the highest order, Christlike, because it is the fulfilment of the words of our Divine Master."

"I was sick and ye visited Me,

I was in prison and ye came unto Me,"

OUR JOURNEY TO HELSINGFORS AND AFTER.

The large dining room at 194, Queen's Gate was completely filled on Saturday, 24th ult., when Miss Macdonald gave her Lecture on "Helsingfors and After."

Mrs. Bedford Fenwick took the Chair and gave a short résumé of the foundation of the International Council of Nurses in London, in 1894, and of the history of the International Council. A very large number of slides were put on the screen showing views of Copenhagen, of the journey to Stockholm, of the wonderful sights in and around that town and of the long sail to Abo; there were glimpses of the train journey from the town of Helsingfors, and lastly many pictures of Helsingfors, of its buildings, its islands and gardens and its people, the National Theatre where Congress was held, the Town Hall where the Grand Council met, of boat rides and garden parties and many other things of a delightful though very busy time.

other things of a delightful though very busy time. All these slides were given by Miss Liddiatt, one of the fraternal delegates to the Conference, and the audience were enthusiastic in their appreciation of her generosity in thus providing nurses with such a tangible remembrance of our historical trip to Finland.

Miss H. L. Pearse, in the discussion subsequent to the Lantern Lecture, spoke particularly of the great kindness which the English contingent received from the Swedish Nurses' Association in Stockholm, and of the wonderful inspiration which the Conference had given in bringing together nurses from all over the world. Miss Breay also spoke and said that one of the aspects which most struck her in connection with the sojourn in Helsingfors was that the pleasure connected with it was added to so much by the warm friendships that existed between members of our group of fellow travellers.

In her closing remarks the Chairman emphasised the importance of getting all the nursing organisations, now eligible for affiliation, grouped in the National Council of Trained Nurses of Great Britain and thereby affiliated to the International. She thanked Miss Liddiatt warmly for the fine entertainment which, by these wonderful slides, she had provided.

Mrs. Bridges thanked Mrs. Bedford Fenwick for presiding and reminded the audience that she was the Founder of the International Council of Nurses which had been the means of again bringing together a great gathering of the world's nurses.

The slides used are shortly to be displayed by two other organisations of nurses and we strongly advise those, who were unable to attend on the 24th ult, to make a point of seeing them when notice is forthcoming of the date and place where they will be shown.

A telegram from Miss Lylli Hagan, President of the National League of Finnish Nurses, sending best wishes for the day was read by Mrs. Fenwick, and received with applause.

T.N.A.F. SALE.

H.R.H. the Princess Arthur of Connaught, S.R.N., R.R.C., has graciously consented to visit the Sale of Work on Thursday, November 26th, at 2.30 p.m. at 194, Queen's Gate, in aid of the Trained Nurses' Annuity Fund. We shall be glad if readers of THE BRITISH JOURNAL OF NURSING will do all that they can to make this Sale and the objects of the Fund known among their friends. Each reader of the Journal can do something through the Annuity Fund to help some nurse who, through no fault of her own, is unable to continue at work, and whose resources are too slender to meet her needs, however simple they may be. At the present time we are giving some sixty-four annuities, most of them amounting to twenty-six pounds annually. Our readers can well imagine what this means to many of the annuitants, and we wish that they could read some of the letters of gratitude which we receive. There are no salaried officers connected with the Fund, so that the whole of the income is used to benefit nurses with the exception of a very small proportion which is required for auditors' fees, stationery and other incidental expenses. The work of keeping the accounts is done by the staff of the R.B.N.A, and, this year, we have been very greatly indebted to Miss Garland from our Settlement Home, who has come up to the office and done much work in sending out appeals to nurses on behalf of the Fund.

CONCERT.

A Concert is being arranged by Mr. Lomax Earp, for the Professional Union of Trained Nurses, which takes place on Friday, November 13th, commencing at 7.45 p.m. When we remember the very delightful Concert which Mr. Earp arranged for the Royal British Nurses' Association during the summer, we may safely predict that those who attend this Concert can look forward to a most enjoyable evening. It is to be given in the R.B.N.A. Drawing-room, and tickets can be obtained from the offices of the P.U.T.N., 62, Oxford Street, W. I. The P.U.T.N. has organised many social events from time to time, but this, we believe, is the first time that it has had a fine Concert in connection with the social side of its activities, and, because Mr. Earp has been so kind in giving up valuable time to arranging this Concert, the Hon. Secretary sincerely hopes that all Members and friends will do what they can in the matter of selling tickets and securing a well-filled hall. If every Member of the Union takes this advice to heart we ought to have a very fine audience together by the 13th. We who have very fine audience together by the 13th. We who have seen "the inner side of the lantern" know well how much the Profession owes to Miss MacCallum for her disinterested, courageous and splendid championship of the nurses' cause. We urge all our readers to show their appreciation of her work, her sacrifice and her courage by helping to make the Concert a huge success.

ISABEL MACDONALD. Secretary to the Corporation.



